Name:

245 - 4 2, 245 - 4 2, 0000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	1 3 3 3 2, 3, 4 1 3 3 3 3 3 3 2 2		EXERCISE SCIENCE PRIMARY REQUIREMENTS - 46 FIRST AID WEIGHT TRAINING AND PROGRAM DESIGN AEROBIC CONDITIONING AND GROUP FITNESS INTRODUCTION TO ATHLETIC TRAINING FOUNDATIONS OF FITNESS AND WELLNESS HUMAN PHYSIOLOGY HUMAN ANATOMY BIOMECHANICS EXERCISE PHYSIOLOGY NUTRITION FOR SPORTS PERFORMANCE	HOURS EXS 125 EXS 142 EXS 144 EXS 195 EXS 240 EXS 320 EXS 331 EXS 334	2 1 2 3 3 4 4 4 4	Not Required
245 - 4 2, 245 - 4 2, 000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	3 3 2, 3, 4 1 3 3 3 3 3 3 2		FIRST AID WEIGHT TRAINING AND PROGRAM DESIGN AEROBIC CONDITIONING AND GROUP FITNESS INTRODUCTION TO ATHLETIC TRAINING FOUNDATIONS OF FITNESS AND WELLNESS HUMAN PHYSIOLOGY HUMAN ANATOMY BIOMECHANICS EXERCISE PHYSIOLOGY	EXS 125 EXS 142 EXS 144 EXS 195 EXS 240 EXS 320 EXS 331	1 2 3 3 4 4 4	Not Required
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245 - 4 2, 245 - 4 2, 247 - 4 11, 475 105 15, 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 23, 241 - 241 - 241 24, 245 - 245 - 24	2, 3, 4 1 3 3 3 3 3 3 2		INTRODUCTION TO ATHLETIC TRAINING FOUNDATIONS OF FITNESS AND WELLNESS HUMAN PHYSIOLOGY HUMAN ANATOMY BIOMECHANICS EXERCISE PHYSIOLOGY	EXS 195 EXS 240 EXS 320 EXS 331	3 3 4 4	Not Required
0000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	1 3 3 3 3 3 3 2		FOUNDATIONS OF FITNESS AND WELLNESS HUMAN PHYSIOLOGY HUMAN ANATOMY BIOMECHANICS EXERCISE PHYSIOLOGY	EXS 240 EXS 320 EXS 331	3 4 4	Not Required
0000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	3 3 3 3 3 3 2		HUMAN PHYSIOLOGY HUMAN ANATOMY BIOMECHANICS EXERCISE PHYSIOLOGY	EXS 320 EXS 331	4 4	
2000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	3 3 3 3 3 2		HUMAN ANATOMY BIOMECHANICS EXERCISE PHYSIOLOGY	EXS 331	4	
000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	3 3 3 2		BIOMECHANICS EXERCISE PHYSIOLOGY			
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0000, SPN 425, 426 PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	3 3 2				4	
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PHY 105, 157, 187, 201, 213, 221, CHM 111, ATS 105 5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215	2		NUTITION FOR SFORTS PERFURINGE	EXS 350	3	
5, 121 PSY 201, SOC 101, SWK 275, AMS 121 231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215			CAREER PREPARATION AND PLANNING	EXS 391	3	
231, 241 ENG 130 MUS 212, 218, 220, 271, 313 THR 131, 154, 161, 215			EXERCISE PRESCRIPTION	EXS 401	3	
	3		BASIC STATISTICS & RESEARCH DESIGN	EXS 407	3	
need to take through 112, regardless of HS)	3		LABORATORY METHODS & PROCEDURES	EXS 489	4	
	4		EXERCISE SCIENCE INTERNSHIP	EXS 492	1 TO 4	
			SUPPORT COURSE WORK - 8 HOURS			
206, PHY 214, BIO 202/206, ERG 221	4		GEN BIO I OR II (BIO 201/05 or 202/06) (C or better)	2XX / 2XX	4	
72, 474, PLS 322, 325, 332, SPN 415	3		GEN CHEMISTRY I OR II (C OR BETTER)	2XX / 2XX	4	
	3					
	3					
NT			PROFESSIONAL SCHOOL PREREQS (SEE INDIVIDUAL SCHOOL REQUIREMENTS)			MENTS)
			HUMAN ANATOMY	EXS 331	4	
			HUMAN PHYSIOLIGY	EXS 320	4	
G			PHYSIOLOGY OF EXERCISE	EXS 335	4	
			PREVENTION AND CARE OF ATHLETIC INJURIES	EXS 195	3	
ITION						
S WITH						
		ES WITH	ES WITH	ES WITH	ES WITH	ES WITH