

# Silent Ignatian *Retreat*

Creighton  
UNIVERSITY

## Eight-Day Retreat, May 26–June 4, 2026

Experience a transformative week of silence, prayer, and spiritual direction at the Creighton University Retreat Center in Griswold, Iowa. This individually directed retreat is grounded in the Spiritual Exercises of St. Ignatius of Loyola and led by trained graduate students in the evocative-contemplative approach to spiritual direction, and revel in God's abundant presence in your life.

**Experience this unique opportunity at the beautiful Creighton University Retreat Center in Griswold, Iowa.**

Directors will be Creighton CSP graduate students comprehensively trained in the evocative-contemplative approach of spiritual direction.

Retreat fee includes single occupancy room, ensuite bath, meals, and all costs related to direction and supervision. **\$850**

**\$200 deposit required** to reserve your spot. *Reservations are accepted on a first-come basis.*

### Contact Liz Stevinson

csp@creighton.edu or 402.280.2501  
to reserve a space, or for more information.



*"The eight-day retreat at Griswold was the most profound in my 15 years as a priest, because through contemplation and evocative prayer and intentional discernment of my life and priestly calling, the retreat program strengthened my personal relationship with God."*

*"The 8-day guided retreat offered me a sacred opportunity to be vulnerable before God and myself. The silence and beauty of the retreat center graced me with many holy moments to contemplate God's goodness. I am so grateful for the experience!"*

*"This retreat really allowed my soul to feel open and refreshed. I needed every minute of the eight days!"*



### **The 8-Day Silent Directed Ignatian Retreat**

“The nature of this retreat is such that there is minimal scheduled time together for the retreatants. There are no group presentations or conferences. Our daily rhythm will consist of three meals taken together in the silent atmosphere of the retreat as well as daily liturgy, the Mass, in which persons of all faith traditions are invited to participate. Each retreatant will be matched with a spiritual director based on the information provided in the application process. The focus of the daily spiritual direction sessions will be the retreatant’s prayer experience, their experience of God in the stuff of their daily life, what they are noticing about how God is present and so forth.

“Basically, the retreat is a time of being (rather than doing), a time of entering more deeply into one’s relationship with God. The spiritual director might suggest some particular scripture passages to assist retreatants in staying grounded in their own experience of life, what they might sense that God is calling them to focus on at this point in their lives.

“You may wonder why “Ignatian” is in the title. Briefly, this implies an underlying theme of the Spiritual Exercises. Namely, because we are loved by God unconditionally, we are invited to enter more fully - with our whole selves - into a relationship with Christ. And that results in our coming to view ourselves more consciously as participating in Christ’s mission, in the Kingdom of God ‘where the tire hits the road’ in our lives.”

*Sr. Janice Bachman, O.P., Faculty Member  
Graduate Program in Christian Spirituality*