

Dr. Frank Peak 2025 Essay Competition Topic, Instructions, and Rubric

**(Annual Addressing Health Disparities Seminar – April 26, 2025)**

**Essay Due Date: Monday, March 17, 2025 at 9:00am CST**

The Dr. Frank T. Peak Health Disparities Essay Competition recognizes outstanding student research and scholarship that analyzes the intersections of public health, health care, and social sciences to promote health equity for vulnerable and marginalized populations analyzing intersections of public health, health care, and social sciences.

Essay Topic: Diabetes and Technology

Essay Topic Options (Choose one topic):

1. Intersection of diabetes and technology, with a health equity and health disparities focus.
  - Discuss health equity issues in using technology for diabetes management. (For example, would enhanced technology improve or worsen health disparities, such as for United States populations with disadvantage.) Summarize key/core access issues and solutions for different populations.
2. Telemedicine for diabetes management in rural communities.
  - Discuss the use of telemedicine in the management of diabetes in rural communities and the impact on health outcomes, including patient and family satisfaction, health equity, and health disparity aspects. Optionally, also include health policy issues and/or potential impacts on other chronic conditions.
3. Advancement in diabetes care using an interprofessional approach.
  - Discuss challenges and issues in team approaches, adding patient and family factors, with a health equity and health disparities focus.

Eligibility:

To be eligible for the competition, a student must be currently enrolled in an accredited, academic graduate program in the U.S. and be able to present their essay via zoom during the 2025 Addressing Health Disparities Seminar on April 26, 2025, in Omaha, Nebraska. The student must be the essay author. The paper must not be published, accepted, or under consideration for publication at the time of submission.

Review Criteria

Essays are reviewed without author or institutional identification. The text should omit identifying information or obvious clues. All submissions will be reviewed anonymously by an independent panel on the basis of the following: Content relevance, significance, and development; organization and how well the structure meets criteria; clarity, grammar, punctuation, and spelling.

## Essay Instructions

Authors should follow the American Psychological Association (7th edition) guidelines throughout the essay. Details are as follows:

- Length should be 2,000 - 2,500 words, excluding title, abstract and references
- Use 1-inch margins
- The document should be double spaced and left justified
- Make the cover page a separate document with:
  - Essay title
  - Word count
  - Full author contact information (email, phone number, mailing address)
  - Institutional affiliation
  - Degree program
  - Degree candidacy
  - Program director with contact information
- The abstract will need to be:
  - inserted during the application with no identifiers (name, school, etc.)
  - maximum of 500 words, single spaced and left adjusted with 1-inch margins
  - State the essay's proposed title and purpose.
  - Summarize key points, core arguments and conclusions.
  - Avoid merely listing topics to be discussed.
  - Omit references, charts and pictures
- The essay should be a separate document that's:
  - De-identified
  - Organized in the following format:
    - Title and abstract (page 1)
    - Body of essay (all sections labeled except introduction)
      - ~10% Introduction, including essay purpose and strategy
      - ~20% Literature review and critical analysis
      - ~50% Discussion with core recommendations and reasoned defense
      - ~15% Objections or counterarguments with responses
      - ~5% Conclusion (restates purpose, summarizes key points, optionally suggests needs for future work)

All essays must be received by the CPHHE business office via submission at [https://blueq.co1.qualtrics.com/jfe/form/SV\\_9MrAPjASUJTICvH](https://blueq.co1.qualtrics.com/jfe/form/SV_9MrAPjASUJTICvH) by 9:00am CST March 17, 2025.

**Only complete submissions that meet eligibility requirements and essay instructions, which are received by March 17, 2025, will be considered.** *Notification of results: April 3, 2025.*

2025 Essay Rubric		Reviewer Initials:	Essay Number:
Criteria	Possible Points	Actual Points	Comments If deducting points, please include explanation here
<u><b>Formal Requirements</b></u> <ul style="list-style-type: none"> <li>Labelled sections in the following order:               <ul style="list-style-type: none"> <li><u>Abstract</u></li> <li><u>Introduction</u></li> <li><u>Literature Review</u></li> <li><u>Discussion</u></li> <li><u>Conclusion</u></li> <li><u>References</u></li> </ul> </li> <li>APA format</li> </ul>	5		
<u><b>Abstract</b></u> summarizes purpose and key points <ul style="list-style-type: none"> <li>inserted during the application with no identifiers (name, school, etc.)</li> <li>maximum of 500 words, single spaced and left adjusted with 1-inch margins</li> <li>State the essay's proposed title and purpose.</li> <li>Summarize key points, core arguments and conclusions.</li> <li>Avoid merely listing topics to be discussed.</li> <li>Omit references, charts and pictures</li> </ul>	5		
<u><b>Introduction</b></u> includes essay purpose and strategy	5		
<u><b>Literature Review</b></u> includes critical analyses (more than summary of citation) of adequate and appropriate (relevant) resources.	20		
<u><b>Discussion</b></u> (May be evaluated as a whole but with consideration for the following areas): <ul style="list-style-type: none"> <li>Demonstrates content relevance</li> <li>Consider social justice</li> <li>Focuses on significant issue(s)</li> <li>Provides clear explanations</li> <li>Reflects sound reasoning, argument(s) and/or evidence</li> </ul>	50		

<ul style="list-style-type: none"> <li>• Includes objections and counterarguments</li> <li>• Has insightful or creative problem solving</li> <li>• Contains appropriate in-text citations</li> <li>• Is cohesive and coherent throughout</li> </ul>			
<u><b>Conclusion</b></u> <ul style="list-style-type: none"> <li>• Restates essay purpose</li> <li>• Summarizes key points</li> </ul>	5		
<u><b>References &amp; In-Text Citations</b></u> Text sources are cited as needed and references are complete; the citations and references match	5		
<u><b>APA</b></u> Grammar, Punctuation, and Spelling	5		
<b>Total Possible Points</b>	<b>100</b>		
<b>Optional General Comments:</b>			