

**Staining Protocol for Platelet Activation Studies**  
(Greg A. Perry, Ph.D.)

**Equipment:**

ACD Vacutainer blood collection tubes  
12x75mm disposable polystyrene test tubes  
Micropipettor with tips

**Reagents:**

ADP Stock @  $2 \times 10^{-4}$  Molar  
RGDS Stock @ 10 mg/ml  
1% formalin, cold  
Monoclonal antibodies and isotype controls:

Antibodies

Mouse anti-human CD41 (PE)  
Mouse anti-human CD62p (APC)  
Mouse anti-PAC-1 (FITC)

Isotypes

Mouse isotype control (PE)  
Mouse isotype control (APC)  
Mouse isotype control (FITC)

**Procedure:**

Blood collection:

- 1) Collect ~2ml of blood aseptically by venipuncture into any type of Vacutainer. Discard as it contains activated platelets.
- 2) Collect blood aseptically by venipuncture into ACD Vacutainer. Perform activation of platelets within 10 minutes.

Activation: (must be performed within 10 minutes of blood collection)

- 1) Put 50  $\mu$ l of ADP solution into a 12x75mm test tube.
- 2) Add 450  $\mu$ l of blood. Mix gently.
- 3) Incubate 2 minutes at room temperature.
- 4) Stain or fix immediately.

Staining:

- 1) Label 6 12x75mm test tubes for each patient as follows:
  - Resting – 3 color
  - Resting – Isotypes
  - Resting – RGDS
  - Activated – 3 color
  - Activated – Isotypes
  - Activated – RGDS
- 2) Add antibodies to the test tubes, then add the cells. Mix gently.
- 3) Incubate for 15-20 minutes at room temperature in the dark.
- 4) Add 1ml of cold 1% formalin to each tube and mix well.
- 5) Store stained and fixed cells refrigerated in the dark for at least 30 minutes, but not more than 24 hours.

# **Overview of Platelet Staining Protocol**

	Tube					
	Resting 3 Color	Resting Isotypes	Resting RGDS	Activated 3 Color	Activated Isotypes	Activated RGDS
Cells	5 µl resting	5 µl resting	5 µl resting	5 µl activated	5 µl activated	5 µl activated
CD41 (PE)	5 µl		5 µl	5 µl		5 µl
CD62p (APC)	10 µl		10 µl	10 µl		10 µl
PAC-1 (FITC)	10 µl			10 µl		10 µl
PE Isotype		5 µl			5 µl	
APC Isotype		10 µl			10 µl	
FITC Isotype		10 µl			10 µl	
RGDS			10 µl			10 µl